



**Hidden Door Medspa**  
**200 South Oak Street | Roanoke, Texas 76262**  
**682.831.1400**

### **Post Treatment Care For Hair Removal**

In most cases, treatment will result in a mild sunburn-like sensation that typically disappears within 24 hours. Some mild redness and minor swelling may persist for 48 – 72 hours following the treatment. The treatment area is delicate and must be handled with care during this time.

Treated hairs could shed for 2-3 weeks after the treatment. Do not be alarmed if you don't notice this process occurring. Results will be more noticeable after the third treatment.

If any blistering, swelling or discomfort persists, you should apply a 1% hydrocortisone or physician recommended cream and ice the area to alleviate the discomfort. Perform the instructions above until symptoms have resolved. Please call our office and follow the instructions as indicated below:

1. Keep area clean using mild soap and water.
2. Apply antibiotic ointment to any crusted areas or blisters twice daily and cover with a bandage. Do this for 7-10 days.
3. Showers are permitted, but prolonged bathing is not advised. Do not allow hot water to directly contact the treated area. Gently pat dry treated area.
4. Any discomfort you feel should be relieved with acetaminophen (Tylenol). Do not ingest aspirin or aspirin-containing medicines during the healing phase (1-2 weeks).
5. **Do not tan the treated area for the duration of your treatment schedule** and at least 4 weeks post your final treatment. Failure to comply with this may result in darkening or lightening of the treated areas. Use a sunblock SPF 30 or higher throughout the course of treatment.
6. Avoid swimming and aggressive sports activities while the skin is healing.
7. Do not "pop" any blisters or pick any scabs that develop.
8. Call our office if you have any questions or concerns.