



LASER HAIR REMOVAL PRE-TREATMENT GUIDELINES

- *No sun exposure for a minimum of 3 weeks prior or after treatment to area being treated
- *No waxing, tweezing or threading 4 – 6 weeks prior to treatment
- *Shave area before treatment 2-3 days in advance
- *No bleaching (hair being treated)
- *No antibiotics 2 weeks prior to treatment
- *No Accutane. Must be off of medicine for minimum of 6 months
- *No retin-A for 1 month before LHR on face
- *If a Dr. prescribes any new medications check to see if they can cause photo sensitivity
- *** Need medical clearance prior to treatment for Lap Band, By-pass, Pace Makers, Diabetes, Pregnancy, nursing mothers, any medical condition if under a physicians care.

If you have blonde, light gray, and red hair, you may not be a good candidate for laser hair removal.