

Aftercare

Dermal Fillers

Avoid touching or lying on treated areas for 4 hours. Do not massage areas.

You may use a cold compress to reduce swelling or bruising but avoid firm pressure.

Avoid strenuous activity for 24-hours post treatment. You may resume other activities immediately.

Avoid laser, IPL or skin tightening treatments of the area for a minimum of 14 days (or as directed by your provider) after injection.

Avoid make-up to treated area for 12 hours.

You may experience mild to moderate bruising, swelling or redness for up to 2 weeks. You may take OTC Arnica tablets immediately or apply Arnica gel/cream to treated sites 24-hours after treatment.

Avoid extended UV exposure until redness and/or swelling subside. Apply SPF.

Please remember that your final results may take up to 14 days for visible results.

It is normal to feel lumps or bumps as long as it is not visible.

Stay hydrated!

If you experience mottled bluish or red discoloration at or near injection site, significant pain or white blanching of the skin, please contact us for a clinic assessment immediately.

If you are unable to reach us after hours, you may e-mail us at helloalliance@hiddendoorspa.com or hellosouthlake@hiddendoorspa.com and we will get back to you as soon as possible.

Please call us with any questions or concerns you may have after your treatment.



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