

Aftercare

Botox/Dysport

Stay upright for up to 4 hours post treatment.

You may use a cold compress to reduce swelling or bruising but avoid firm pressure.

Avoid strenuous activity for 24-hours post treatment to reduce bruising. You may resume other activities immediately.

Avoid laser, IPL or skin tightening treatments of the area for a minimum of 24 hours (or as directed by your provider) after injection.

You may exercise your treated muscles for 1-2 hours after treatment to help work the product into the muscle (i.e: frowning, raising your eyebrows and squinting).

Avoid touching and do not massage treated areas after treatment.

You may experience mild to moderate bruising, swelling or redness for up to 2 weeks. You may take OTC Arnica tablets immediately or apply Arnica gel/cream to treated sites 24-hours after treatment.

Avoid extended UV exposure until redness and/or swelling subside. Apply SPF.

Please remember that your final results may take up to 14 days for visible results.

For best results, follow-up approximately every 3 months for treatment.

Please call us with any questions or concerns you may have after your treatment.



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